

NHS Lothian Minor Injury Process

Background

From Monday 2nd November 2020 patients will phone the Flow Centre directly to access Minor Injury assessment across the Lothian area.

Patients who meet the inclusion criteria below will initially be offered a VC consultation if they have a smartphone or a Face to Face appointment if they do not. Following a VC consultation the Nurse Practitioner will either give the patients self-care advice or book a face to face appointment.

Opening hours and contact details:

- Flow Centre is open 08.00-20.00 Monday to Sunday
- Patient contact number for Flow Centre Minor Injuries is **0300 790 6267**

Inclusion criteria:

- Patients 8years old and over for video consultation
- Patients 1-8 years old for face to face only
- Must be able to make own way to MIU
- Injuries within 14 days
- Wounds less than 24 hours old with controlled bleeding with or without foreign body
- Foreign body in nose or ear
- Crush injury to fingers /toes with no wound
- Ring removal from fingers /toes
- Minor burns or scalds (not involving hands, face or genitals)
- Head and face injuries not in exclusion criteria
- Eye injuries not in exclusion criteria
- Limb injuries (below shoulder or below knee)
- Animal bites including insect bites & stings
- Patients with fracture that require review after being treated outwith NHS Lothian
- Animal bites with localised swelling and no evidence of allergic reaction

Exclusion criteria:

- Patients <1 years old (should self present to RHSC)
- Patients who require transport to or from MIU
- Injuries that happened more than 14 days ago – advise back to GP
- Wounds that happened over 24 hours ago– advise back to GP
- Head injuries with loss of consciousness, vomiting /disturbed vision/ altered behaviour. reduced GCS, underlying haematological conditions or patient on anticoagulants
- Human bites
- Dangerous mechanism of injury eg fall from higher than patients own height or road accident with combined speed of 40 mph
- Intoxication or overdose
- Minor burns and scalds to neck, face and genitals and chemical or circumferentialburn
- Eye injuries with visual disturbance or penetrating injury
- Insect bites with non-localized swelling or evidence of allergic reaction
- Injury or foreign body to abdomen, chest or back
- Unsafe environment/social circumstances